HUMAN APPEAL 35 YEARS

RAMADAN

GLOBAL IMPACT REPORT 2026



YOU ARE THE *Lifeline*

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INTRODUCTION

As we reflect on another blessed Ramadan, we thank Allah, the Most Merciful, for allowing us to witness this sacred month and serve families around the world. Through your compassion, generosity and continued support, **Ramadan 2026 became a month of relief and hope for more than 1.7 million people facing hardship.**

Your support reached families enduring conflict, displacement, hunger and extreme poverty. From Gaza to Afghanistan, from Yemen to Sudan, your support ensured that vulnerable communities were not forgotten during the holy month.

This report highlights how your donations helped families break their fasts, celebrate Eid with loved ones, and receive vital support during a time of great need.



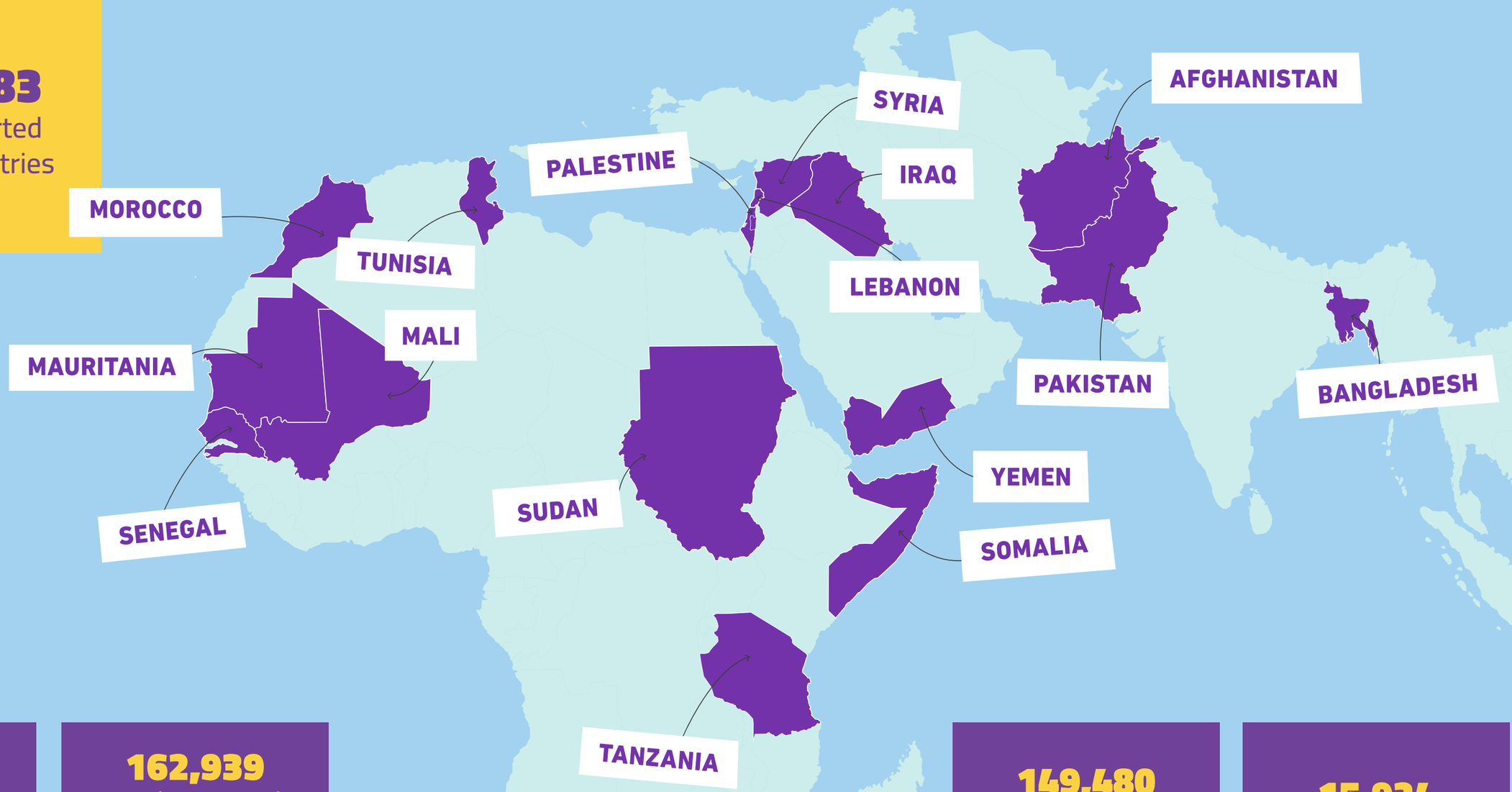
RAMADAN 2026 IN NUMBERS

This Ramadan, your generosity reached families across multiple countries, helping them break their fast. Through food parcels, hot meals, Zakat al-Fitr, Fidya, and Eid gifts, you brought comfort to those facing hardship and ensured they could share in the blessings of the holy month.

1,772,283
people supported across 16 countries

45,997
people supported with ready-to-eat meals and chicken pouches

165,663
people supported through Zakat al-Fitr



1,213,544
hot meals provided

162,939
people supported through 28,089 family food parcels, packs and baskets

149,480
people supported through Fidya and Kaffarah

15,924
children received Eid gifts

PALESTINE

This Ramadan, you supported **1,149,576 people.**

Across Gaza and the West Bank, conflict, displacement, movement restrictions and rising living costs have left families struggling to access essential food and support during Ramadan.

Through your generosity, displaced families in Gaza and vulnerable families in the West Bank received food parcels, hot meals, Zakat al-Fitr support and value vouchers. Grand Iftar events, Eid celebrations and gifts also brought nourishment, comfort and moments of joy to families facing extraordinary hardship.





YOUR IMPACT IN PALESTINE

1,149,576
people supported



1,029,195
hot meals provided, including through Grand Iftar events in Gaza and distributions in the West Bank



52,868
people supported through 10,383 food parcels across Gaza and the West Bank

59,715
people supported through Zakat al-Fitr donations

4,046
children received Eid gifts

1,752
people supported through value vouchers

2,000
people took part in Eid celebrations

AFGHANISTAN

This Ramadan, you supported **4,224 people.**

Ongoing economic hardship and instability continue to make daily life difficult for many families across the country. In Herat, vulnerable families, including widows and those with limited means, are often struggling to feed their families during the holy month of Ramadan.

Your generous support helped provide essential food parcels, enabling families to prepare nourishing meals, observe their fasts with greater ease, and find comfort during a time of great need. Each parcel included essential staples such as wheat flour, vegetable oil, rice and salt.





YOUR IMPACT IN AFGHANISTAN

4,224
people supported

528
food parcels
distributed





BANGLADESH

This Ramadan, you supported **31,402 people.**

Rohingya refugee families in Cox's Bazar and Bhasan Char continue to live in extremely challenging conditions, with limited access to income, food, and basic services.

During Ramadan, these hardships are felt even more deeply, as families struggle to secure enough food for iftar and suhoor.

Thanks to your generosity, food parcels and ready-to-eat meals were distributed to vulnerable Rohingya refugees, helping families prepare meals, break their fasts with greater peace of mind, and experience relief during the blessed month.





YOUR IMPACT IN BANGLADESH

31,402
people supported





634
family food parcels distributed in Cox's Bazar refugee camps



27,985
people supported with 7,680 ready-to-eat chicken pouches on Bhasan Char

IRAQ

This Ramadan, you supported **24,296 people.**

Years of conflict have left many families in Iraq struggling to regain stability. Orphans, Syrian refugees, and families with limited means in the Kurdistan Region continue to face rising living costs and daily hardship, making it difficult to secure even the essentials during Ramadan.

Your charity helped families to break their fasts with nutritious food parcels, hot meals, and Zakat al-Fitr distributions. You also shared joy with orphaned children by providing Eid gifts, ensuring they felt remembered and cared for during the blessed month.





YOUR IMPACT IN IRAQ

13,589
people supported through Fidya and Kaffarah donations





375
food parcels distributed to vulnerable families

79
food vouchers distributed to orphaned children in Mosul

2,095
people supported through Zakat al-Fitr donations

2,561
Eid gifts delivered to orphaned children

24,296
people supported

3,327
hot meals served through the Grand Iftar

LEBANON

This Ramadan, you supported **34,015 people.**

Lebanon continues to face a severe economic crisis, leaving many families unable to afford even basic food. The situation in communities across Bekaa, Akkar, Beirut, Saida, and other regions remains deeply challenging.

Through your generosity, 6,793 families across several regions received food parcels, hot meals, and Zakat al-Fitr, helping them meet daily needs. Other activities also brought further relief, including fresh food, bread, sweets, toys, and Eid fun days for orphaned children.





YOUR IMPACT IN LEBANON

34,015
people supported

10,450
people received food parcels in Bekaa, Akkar, Beirut, Arsal, Saida, and surrounding areas

17,805
people received hot iftar meals

5,760
people supported through Zakat al-Fitr donations



MALI

This Ramadan, you supported **4,840 people.**

Many vulnerable families in Mali struggle to access enough food, particularly widows, elderly or disabled people, and those living with limited resources.

Through your generosity, vulnerable families across Bolibana, Sokonafing, and Gouana received essential food parcels containing staple items such as rice, sugar, cooking oil, spaghetti, beans, and dates, helping them prepare meals, break their fasts, and find relief during a challenging time.





YOUR IMPACT IN MALI

4,840
people supported

457
food parcels distributed





MAURITANIA

This Ramadan, you supported **14,091 people.**

In Mauritania, many families rely on unstable incomes and face ongoing food insecurity, making Ramadan especially difficult for vulnerable families in Nouakchott. Widows, elderly people and families with limited means, including those caring for people with disabilities, often struggle to secure enough food for suhoor and iftar.

This Ramadan, your support provided food parcels and Zakat al-Fitr across Toujounine and Hay Saken, helping families prepare nourishing meals and easing the pressure of rising living costs. Food parcels included rice, sugar, cooking oil and dates.





YOUR IMPACT IN MAURITANIA

14,091
people supported





1,668
food parcels distributed for iftar and suhoor

2,415
people supported through Zakat al-Fitr donations

MOROCCO

This Ramadan, you supported **3,878 people.**

Rising food prices have placed growing pressure on vulnerable families across Morocco, making it challenging for orphans, widows, and families with limited means to meet their basic needs during Ramadan.

Your charity provided food parcels, hot meals, Zakat al-Fitr, Eid gifts, and orphan cash transfers across several regions including Tangier, Beni Mellal, Errachidia, Mirleft, Oujda, Tiznit, Marrakech, Casablanca, and more. Thanks to you, families were able to prepare meals, break their fasts, and share moments of joy during Eid.





YOUR IMPACT IN MOROCCO

3,878
people supported



1,618
people supported through Zakat al-Fitr donations

611
food parcels distributed to orphaned and widowed families

2,475
hot meals provided in Tangier



540
Eid gifts delivered to children

63
families of orphaned children supported through cash transfers

800
children supported through the Eid al-Fitr celebration

PAKISTAN

This Ramadan, you supported **167,275 people.**

Families across Pakistan continue to face rising living costs and food insecurity, making it difficult for many to meet their needs during Ramadan.

Your support delivered food parcels, hot meals, Zakat al-Fitr, Kaffarah distributions, and Eid gifts, helping families prepare meals throughout the month and celebrate Eid with hope and reassurance.





YOUR IMPACT IN PAKISTAN

167,275
people supported



36,374
people supported through Zakat al-Fitr across 15 cities

2,964
children received Eid gifts, including clothing

108,681
people supported through Kaffarah donations

50
Ramadan packs distributed to orphan families

7,900
hot meals provided in Rawalpindi, Bagh, and Haripur

1,203
food parcels distributed across Taxila, Lahore, Faisalabad, Rawalpindi, Islamabad, and Nowshera



SENEGAL

This Ramadan, you supported **7,224 people.**

Across Senegal, rising food prices and limited income opportunities continue to place pressure on families during Ramadan. For widows, people with disabilities, women-led families, and orphaned children, securing enough food for suhoor and iftar can be especially difficult.

Through your generosity, families received food parcels, hot meals and Zakat al-Fitr support, helping them prepare meals with greater ease and share in the blessings of Ramadan.





YOUR IMPACT IN SENEGAL

7,224
people supported





11
orphaned children supported through Eid cash transfers



5,883
nutritious iftar meals provided

550
people supported through Zakat al-Fitr donations

780
food parcels distributed to families in Dakar, Diourbel, Kaffrine, and Sedhiou

YAHYE'S STORY

Yahye Hassan Mohamed, 11, Somalia

Yahye is 11 and lives with his mother and five other family members in a rented home in Mogadishu, Somalia. He was just seven years old when his father passed away from cancer in June 2022, leaving his mother to support the family alone. With very limited income, covering everyday essentials remains a constant challenge.

After receiving Human Appeal's Ramadan Vouchers during Ramadan 2026, Yahye said:

"It made me and my family feel happy and hopeful, and less alone. It helped us worry less and gave us strength to face each day."

The vouchers meant the family could prepare enough food for both iftar and suhur, easing some of the pressure on Yahye's mother after years of carrying the responsibility of providing for the family on her own.

Yahye says one of the biggest changes was seeing his mother's worry begin to lift.

"I saw my mother smile again. For the first time in a long while, our home felt happier."

For families like Yahye's, this support offers welcome relief at a meaningful time of year.





"I SAW MY MOTHER SMILE AGAIN. FOR THE FIRST TIME IN A LONG WHILE, OUR HOME FELT HAPPIER."

SOMALIA

This Ramadan, you supported **73,123 people.**

Families in Somalia continue to face severe hunger as conflict and climate-related disasters undermine food security and livelihoods. Displaced households in Mogadishu and Baidoa remain especially at risk during Ramadan, when even basic meals become difficult to secure.

Your charity supported vulnerable families with food parcels, Grand Iftar hot meals, Zakat al-Fitr, Kaffarah distributions, Eid gifts, and ready-to-eat meals across several regions. This assistance helped families break their fasts, nourish their children, and celebrate Eid despite the challenges surrounding them.





YOUR IMPACT IN SOMALIA

73,123
people supported



27,210
people supported through Kaffarah donations

913
food parcels distributed

3,298
hot meals served through the Grand Iftar

237
food parcels and food vouchers distributed to orphaned children



18,012
people supported with ready-to-eat chicken rice meals

15,552
people supported through Zakat al-Fitr donations

3,336
children received Eid gifts including clothing

SUDAN

This Ramadan, you supported **96,102 people.**

Sudan is facing one of the world's most severe humanitarian crises. Across Gedaref, Al-Jazeera, Khartoum, and North Kordofan, displacement, rising food prices, and the collapse of essential services are leaving families struggling to meet their most basic needs.

Thanks to your support, families across affected regions received food parcels, hot meals through the Grand Iftar, and Zakat al-Fitr, helping them break their fasts and easing hardship during an incredibly difficult time. Food parcels included flour, red beans, lentils, sugar, cooking oil, hibiscus and dates.





YOUR IMPACT IN SUDAN

96,102
people supported



20,400
hot meals provided in Gedaref

3,150
food parcels distributed to internally displaced families in Gedaref, Al-Jazeera, and Khartoum

20,400
people supported through Zakat al-Fitr in Gedaref and Khartoum

34,902
hot meals provided through the Grand Iftar in North Kordofan

SYRIA

This Ramadan, you supported **64,266 people.**

Families across Syria continue to face displacement, poverty, and limited access to food. In Idlib, Aleppo, and Hama, vulnerable families, including widows, returnees, and internally displaced people, often struggle to meet their basic needs during Ramadan.

Through your generosity, families received hot meals, food parcels, and Zakat al-Fitr support, helping them prepare meals for iftar and suhoor and observe the holy month with greater ease.





YOUR IMPACT IN SYRIA

64,266
people supported





36,785
people received hot meals in Idlib

6,704
people supported through Zakat al-Fitr

11,077
people supported with food parcels

9,700
people reached through communal iftar meals across Homs, Idlib, Hama, and Aleppo





TANZANIA

This Ramadan, you supported **14,791 people.**

Across Mbeya, Tanzania, many families face hardship caused by poverty and limited access to stable food sources. Widows, elderly people, individuals with disabilities, and families with limited means can face difficulty in meeting nutritional needs during Ramadan.

Your charity provided food parcels and cooked meals to families in need, ensuring they had nourishing meals to break their fasts throughout the holy month. Food parcels included maize flour, sugar, cooking oil, fresh milk, chicken, rice and salt.





YOUR IMPACT IN TANZANIA

14,791
people supported





960
food parcels distributed in Mbeya

8,071
individuals received hot, nutritious iftar meals

TUNISIA

This Ramadan, you supported **1,130 people.**

In Tunisia, rising living costs continue to place pressure on families with limited means, making it difficult to afford enough nutritious food throughout Ramadan.

With your generosity, families across Tunisia received food baskets filled with essential staples, helping ease the pressure of rising food costs and enabling them to prepare nourishing meals for suhoor and iftar.





YOUR IMPACT IN TUNISIA

1,130
people supported

226
baskets
distributed





YEMEN

This Ramadan, you supported **82,050 people.**

Yemen remains one of the world's most severe humanitarian crises, with years of conflict and widespread displacement leaving many families struggling to secure enough food.

Your charity provided food parcels, hot meals, Zakat al-Fitr, orphan cash support and Eid activities across several regions, helping families prepare meals, break their fasts and observe the holy month despite ongoing hardship. Support also reached vulnerable hospital patients and children from orphaned and vulnerable families.



YOUR IMPACT IN YEMEN

82,050
people supported



16,429
people supported through 2,347 food parcels in Sana'a, Aden and Abyan

4,617
people supported through Eid gift packages and recreational activities, including 2,477 children

14,480
people supported through Zakat al-Fitr donations

1,568
orphaned children supported through cash transfers across Aden, Taiz, Lahaj, Abyan and Sana'a

2,781
people reached through the Grand Iftar in Aden

42,175
people supported through hot-meal distributions in Aden and Taiz





THANK YOU

Alhamdulillah, through your generosity, Ramadan 2026 became a month of relief and hope for families across the world. Together, we supported over **1.7 million people** with food parcels, hot meals, Zakat al-Fitr, Kaffarah support, and Eid gifts, helping families prepare nourishing meals, break their fasts, and celebrate Eid with dignity.

From Yemen to Sudan, from Pakistan to Somalia, your charity reached families facing conflict, displacement, poverty, and hunger. Every parcel delivered, every hot meal served and every child who received an Eid gift experienced a moment of comfort, mercy and reassurance.

"And they give food, in spite of their love for it, to the poor, the orphan, and the captive."

Surah Al-Insan 76:8

May Allah reward you abundantly for every meal you provided, every heart you uplifted, and every smile you inspired.

YOU ARE THE *Lifeline*

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