

## EVERY HUMAN LIGHT WEEK 2

Giving charity is one of the best ways to wipe away our sins over the next ten days. Even the smallest acts of mercy can make a difference. This is your chance to be a blessing while reaping the multiplied rewards of the holiest month.

This special update of Every Human shows how your mercy is impacting families who are truly struggling amidst the world's worst humanitarian disasters. You'll meet Khaled, who moved into a new home in Al Zahoor village after his house was destroyed in the deadly earthquake. You'll meet Amani and Angham, whose families are benefiting from our nutritious Ramadan food parcels, and you'll learn about the ways your merciful donations are helping UK families struggling amid the cost-of-living crisis.

So, sit back and read about the many ways your mercy is being delivered in the world's most challenging environments on these days of mercy. Quite simply, you are helping us to save and change lives. Thank you so much.

Cover: : Child offering a prayer before iftar.

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## RAMADAN LIVE

Snapshots from our global field offices during the second week of Ramadan.

During the second week of Ramadan, Human Appeal has been making the most of your mercy in lots of inspiring ways, including feeding vulnerable families from Pakistan to Palestine, as well as closer to home. Here are just some of the ways your mercy is making difference:



In the UK, we distributed **300** food parcels to vulnerable families in Luton, ensuring they will have enough to eat during the blessed month.



In Turkey, we provided psychological support through art therapy for children who survived the earthquakes in Hatay City.



In Iraq, we provided Ramadan packs for **1,190** orphans in Al Mosul, each containing a prayer mat, Quran, and dates.



In Gaza, we supported **500** orphan families with nutritious rice and chicken dishes.



In Syria, we distributed **141** blankets to earthquakes survivors bringing warmth to families who had lost their homes.



In Pakistan, we distributed **150** food parcels to families in the Samundri Tehsil, Faisalabad. In total, we plan to distribute to **1,125** families in Pakistan over the course of Ramadan.



In Somalia, we began out Feed the Fasting campaign, aiming to feed 108 families.



In Sudan, we provided food parcels to **70** families in South Kordofan who have lost their homes in a fire.



Our REACH volunteer team was able to distribute 1000 food parcels to Syrian, Lebanese and Palestinian families, distributing 150 food parcels in Shatila camp, a 30-year old Palestinian refugee camp in Beirut. They also had an orphan's fun day with 50 orphans we sponsor, and brought them Eid gifts at the end of the week.





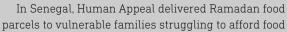
















# RESTORING THE HEARING OF SYRIAN CHILDREN

Our Audiology Centre in Turkey treats children with speech, balance and hearing problems, helping them overcome difficulties and lead fulfilling lives. Read on to discover how, thanks to your mercy, two such children, seven-year-old Jihan and five-year-old Mohammed, are on their way to reaching their true potential.

### Jihan's mother...

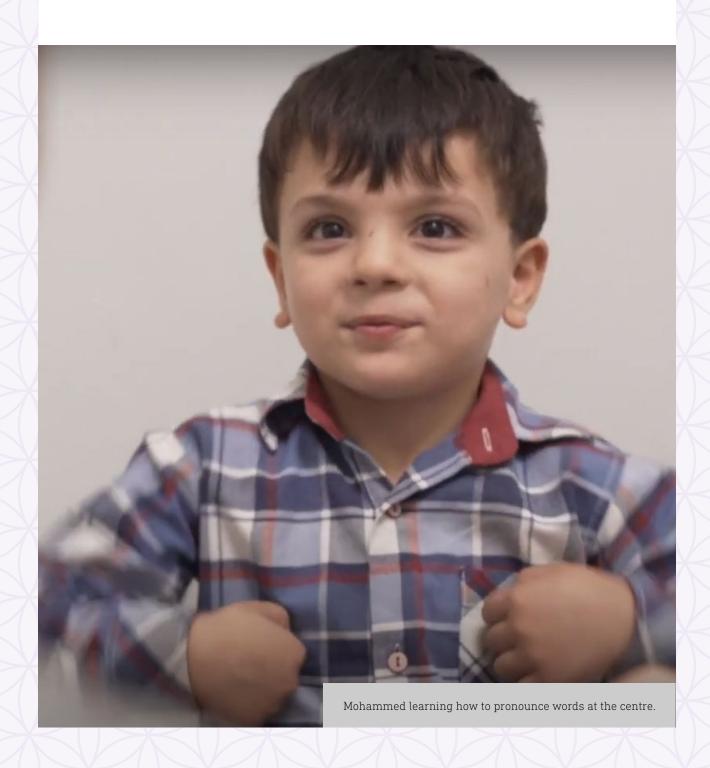
She had a cochlear implant when she was two, which greatly helped. She speaks a few words now. She's learning the alphabet and how to write. Now, she needs a second surgery as six ear canals are blocked. You usually need a second surgery if one or two canals are blocked.

The surgery is costly, and I'm not able to afford it. She's been having speech therapy sessions for four years now. Human Appeal provides the sessions, which help her to speak and hear. We just need someone to sponsor her surgery and treatment, so she can succeed in her studies and life.

### Mohammed's mother...

When Mohammed was nine months old, we realised he didn't respond to sounds. That's when we knew there was something wrong. Human Appeal told me about their speech centre and asked if I wanted to enrol my son. I was so happy; we prayed to Allah for this opportunity. He couldn't even move his lips when he first

started at the centre. He's been going to the sessions for about four months now, and during this time, I've noticed a huge difference; now, he says many words. He used to communicate with sign language, but now, praise God, he's trying very hard to speak. This project has changed our lives! Thank you very much; may God reward you.





## YOUR MERCY IS CONTINUING TO HELP KHALED'S FAMILY

In the wake of the earthquake in Syria, Human Appeal was able to house 1000 families who lost their homes in under 100 hours, providing them with housing in our Al Zohoor town. One of them was Khaled and his six children.

Thankfully, no one was lost in the earthquake, though his daughter received burns. However, the loss of the family's home and possessions was extremely trying, and the family

has been struggling to rebuild ever since.

Khaled and his family were among the families who received hot iftars in Al Zohoor this Ramadan.

### Khaled says,

I don't have the ability to buy new clothes for my children for Eid. I can't find any work and I owe a debt of \$1500."

"We are very happy today with your presence. We have not eaten meat in over a month, and today is the first day that we have been able to eat delicious food in Ramadan, thanks to your help.



# YOUR MERCY GAVE THIS STREET CHILD A SECOND CHANCE

When 16-year-old Ali's father passed away, his world quickly fell apart. He dropped out of school and began living on the streets of Lahore, where, along with his two brothers, he succumbed to drugs.

Tragically, Ali's brothers died due to their addiction, leaving their heartbroken mother unable to afford their coffins. At the same time, her remaining son's life continued to spiral downwards.

Yet, against all odds, this is a story of hope. Because thanks to your

merciful donations, Ali could access drug rehabilitation treatment at our Amina Centre. Now, three years on, this courageous young man is a valuable member of the Human Appeal Kashmir team, and his mother couldn't be prouder.

#### Ali...

It's really nice here, and I'm enjoying it. At first, I thought I couldn't live here because I'd never been to Kashmir before. But I can't tell you how fast the months have passed. It feels like I came here yesterday! "

"I work in the office, scanning and filing documents, sending and replying to emails, and making tea for visitors. I didn't know how to do this kind of work before or how to use a laptop. I made mistakes at first, but I hoped Allah would help me improve.

Everyone here is very loving; I don't have any worries here. With my first salary, I sent my mother 2,600 rupees; I still have 20,000 in my account.

"I survived because I went into rehab. The first week was the most difficult for me, but it took me three months to recover properly. After one and a half months, I started taking lectures and attending meetings. Now I will do any work in the world. I will stand on my feet and won't look back.

### Ali's mother...

Mashallah! He has been working for some time now. I thank Allah when I look at him, that he's been given a new life. He's changed a lot. He's not like before. Now he's very active and brings me great joy."

"I was worried because I didn't have the strength to face losing another son. I thank Allah that my son is better because of the team's prayers and support. He tells me not to worry and says he'll build us a house, stand on his own feet, and support us.



# SECURING LIVELIHOODS WITH YOUR MERCY

In 2009, we launched our first honeybee project in Bagh District, Kashmir. The aim was to improve lives through increased income and educational opportunities.

Fourteen years on, this inspiring initiative continues to grow and even expands to other areas in Pakistan. To date, we've trained 843 farmers. Recently, we caught up with one of our newest trainees, Shaukat, to hear how his new-acquired expertise has secured a brighter future for himself and his family. And it's all thanks to your mercy.

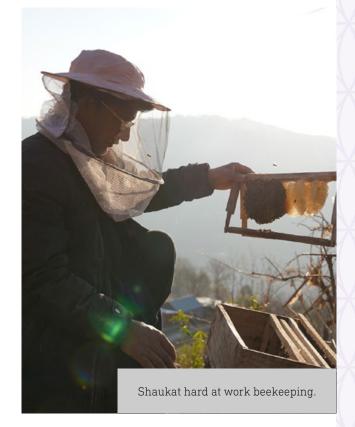
My name is Shaukat Abbasi. I live in Sinjar Bathara in District Bagh with my wife and seven children.

"I used to work in a restaurant, but my income was so modest I could barely support my family. Then, I met a guy who told me about honeybee farming and the training provided by Human Appeal.

"I attended the three-day course, which took me through the method of honey bee farming and its benefits. Before that, I knew absolutely nothing about it. After I started honeybee farming, my income grew exponentially, so much that I could pay for an education for my children. The money I've made from selling honey also meant I could afford to train as a plumber. After that, my life improved considerably.

"I now have eight hives which produce around 60 kilograms of honey. So far, I've earned about **2.5 million** to **3 million** rupees from honeybee farming.

"I'm incredibly thankful to those who have supported Human Appeal in this project. It's an excellent initiative which has benefitted lots of people. Thanks to your supporters, many families have a sustainable livelihood.



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To date, Human Appeal has trained 843 farmers in beekeeping



Bees also help preserve biodiversity and food security



# SUPPORTING FAMILIES IN PAKISTAN

In Pakistan, still recovering from the devastating floods that struck in 2022, Human Appeal aims to distribute 1,125 food parcels to families across the country. Rehnaz is one of the people who has received these food parcels.

She is a widow, and a mother to seven children in a small village, where her family lives in a poorly maintained house with leaky roofs and no clean water. Though they can make a little income off of their buffalo, there have been many days where they have had to go without food.

Rehnaz dreams of a better future for her children, and is seeking monetary support so she can enrol them in a school so they can develop their skills and get good jobs. But this Ramadan, they have received a food parcel that will help them enjoy a nutritious iftaer thanks to your support.

### Rehnaz says,

It brings a whole month of happiness and full stomachs for us. We can have good, fulfilling iftar and suhoor meals.



# FEEDING FAMILIES IN LEBANON

The economic crisis in Lebanon continues to push hardworking families to the brink. Here's how your mercy is bringing a ray of hope to some of the country's most vulnerable this Ramadan.

Onwat and her four children live in a cramped tent and have no possessions. Their financial situation is so dire that they are unable to afford food. But, thanks to your mercy, Onwat received a food parcel to help her family observe Ramadan with nutritious food this year.

**Amani** and her husband are struggling to provide for their daughter and baby. Amani's husband's salary isn't enough to cover the rent. This Ramadan, your mercy provided the family with a food parcel to last the blessed month, ensuring they can enjoy nutritious and filling iftars.

**Angham**, her husband and three sons live in a house that barely keeps the rain out. Your mercy has provided a month long Ramadan food parcel containing enough necessities to last them throughout the holy month, easing the family's financial burden.

Hasan, his wife and two young daughters struggle to get by. Hasan works as a driver, but rising costs mean his salary barely covers the family's basic expenses. This Ramadan, your mercy has alleviated some of Hasan's worries with a food parcel that will last a whole month.







## SHARED BLESSINGS



And whoever does evil, or wrongs his soul, but afterwards seeks Allah's forgiveness, will find Allah is Forgiving, Compassionate.



(Qur'an 4: 110)

