



# RAMADAN 2025 IMPACT REPORT

MAKING THE MOST OF YOUR MERCY



# CONTENTS

---

**03 INTRODUCTION**

---

**04 RAMADAN IN NUMBERS**

---

**05 YOUR CHARITY AROUND THE WORLD**

---

**06 FEED THE FASTING**

---

**07 PALESTINE**

---

**08 PAKISTAN**

---

**09 SYRIA**

---

**10 LEBANON**

---

**11 SOMALIA**

---

**12 SENEGAL**

---

**13 YEMEN**

---

**14 MOROCCO**

---

**15 MAURITANIA**

---

**16 SUDAN**

---

**17 NIGERIA**

---

**18 TÜRKİYE**

---

**19 BANGLADESH**

---

**20 IRAQ**

---

**21 MALI**

---

**22 AFGHANISTAN**

---

**23 TUNISIA**

---

**24 UK**

---

**25 CASE STUDY: EMERGENCY IFTAR  
DISTRIBUTION IN BEIT HANOUN**

---

**28 FOOD PARCEL IMPACT**

---

**29 THANK YOU**





# INTRODUCTION

As we reflect on another blessed Ramadan, we thank Allah, The Most Merciful, for allowing us to witness this sacred month and to serve families around the world. Through your compassion, generosity, and continued support, Ramadan 2025 became a month of relief, dignity, and hope for millions facing hardship.

Your charity reached families enduring conflict, displacement, hunger, and extreme poverty. From Gaza to Afghanistan, from Yemen to Sudan, your support ensured that vulnerable communities were not forgotten during the holy month.

With your incredible generosity, Human Appeal reached **1,766,223 people** across **18 countries** through food parcels, hot meals, Zakat al-Fitr, Fidya, Eid gifts, and essential Ramadan assistance.

This report highlights how your donations helped families to break their fast with dignity, celebrate Eid with joy, and feel supported at a time when they needed it most.



# RAMADAN 2025 IN NUMBERS

This Ramadan, your generosity reached families across **18 countries**, helping them break their fast with dignity. Through food parcels, hot meals, Zakat al-Fitr, Fidya, and Eid gifts, you brought comfort to those facing hardship and ensured they could share in the blessings of the holy month.

## HERE'S THE IMPACT YOU HELPED CREATE:



**1,766,223**

people supported



**227,000**

people received **26,499** family food parcels



**1,028,160**

hot meals provided



**336,655**

people supported through Zakat al-Fitr



**237,480**

people supported through Fidya



**27,965**

children received Eid gifts

# YOUR CHARITY AROUND THE WORLD



Thank you for helping to make the world a fairer, kinder place.



## FEED THE FASTING

Our generous supporters came together through live TV appeals and fundraising events around the world.

You responded to our campaigns, saw our adverts, automated your giving, and went above and beyond to help ensure fasting families were not left hungry.

Thanks to your compassion, the most vulnerable people across **18 countries** were able to eat well this Ramadan 2025.

Here's how your donations made a real difference.

# PALESTINE

This Ramadan, you supported **1,266,617** people.



Families across Gaza and the West Bank faced immense hardship this Ramadan. In Gaza, widespread displacement, destroyed infrastructure, severe food shortages, and collapsed essential services left nearly every household in urgent need. In the West Bank, movement restrictions and rising living costs made daily life extremely difficult for vulnerable families.

Your charity provided food parcels, hot meals, Zakat al-Fitr, and Eid gifts across both regions, offering nourishment, dignity, and moments of relief during the holy month.

*"The food parcels help lighten the burden, especially during Ramadan."*

-Um Reem, Gaza



**1,266,617**  
people supported



**39,674**  
individuals supported  
through food parcels



**263,655**  
people supported  
through Zakat al-Fitr



**9,779**  
food parcels distributed



**954,350**  
hot meals provided



**8,938**  
Eid gifts delivered

# PAKISTAN

This Ramadan, you supported **269,695** people.



Families in Pakistan continue to face rising living costs, climate-related challenges, and unstable income sources. For many, preparing daily meals during Ramadan becomes a significant burden, especially for widows, the elderly, and low-income households.

Your charity delivered food parcels and wide-reaching assistance to help families prepare meals throughout the month.



**269,695**  
people supported



**3,903**  
individuals supported  
through food parcels



**931**  
food parcels distributed



**3,500**  
hot meals provided

# SYRIA

This Ramadan, you supported **64,694** people.



Families in Northwest Syria continue to live through displacement, conflict, and deepening poverty. With rising costs and limited access to stable livelihoods, many struggle to afford essential food items during the holy month.

Your charity delivered food parcels, hot meals, Zakat al-Fitr, Fidya, and Eid gifts, ensuring households could observe Ramadan with dignity and stability. Your support brought nourishment, hope, and comfort to vulnerable families across the region.



**64,694**  
people supported



**35,500**  
hot meals provided



**10,508**  
people supported  
through Fidya



**6,590**  
individuals supported  
through **114** food parcels



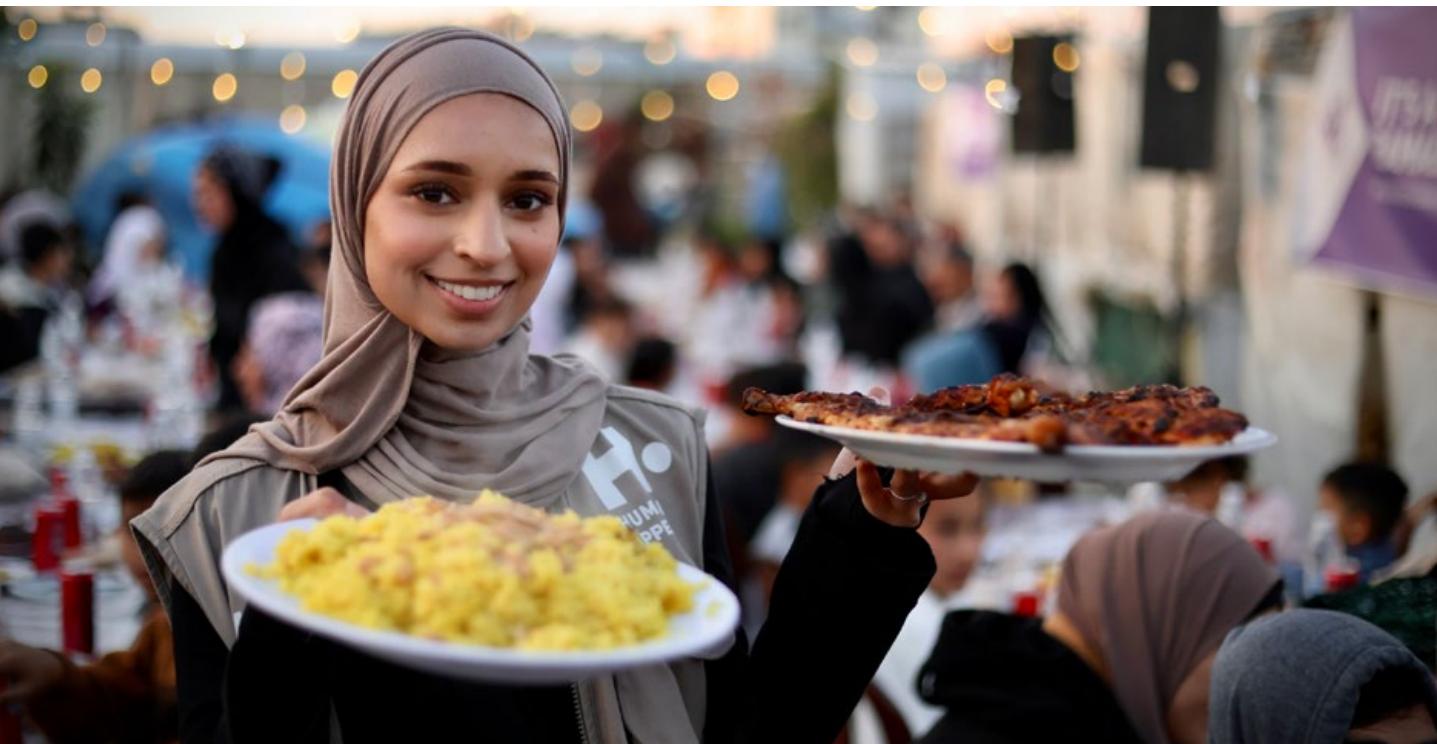
**11,596**  
people supported  
through Zakat al-Fitr



**500**  
Eid gifts delivered

# LEBANON

This Ramadan, you supported **43,455** people.



Lebanon continues to face a severe economic crisis, leaving many families unable to afford even basic food. Widows, orphans, refugees, and people with disabilities are among the hardest hit, often relying on humanitarian support during Ramadan and Eid.

Through your generosity, families across several regions received food parcels, hot meals and bread, helping them meet daily needs with dignity. Eid activities, including toy distributions and children's fun days, also brought moments of joy and relief to families living under sustained pressure.



**43,455**  
people supported



**8,487**  
hot meals provided



**4,475**  
people supported  
through Zakat al-Fitr



**6,459**  
food parcels distributed



**4,452**  
bread packs distributed,  
benefiting **2,226** families



**10,054**  
Eid gifts distributed and  
**6** children's fun activity  
days organised

# SOMALIA

This Ramadan, you supported **18,968** people.



Families in Somalia continue to face severe hunger as conflict and climate-related disasters undermine food security and livelihoods. Displaced households remain especially at risk during Ramadan, when even basic meals become difficult to secure.

Your charity supported vulnerable families with food parcels, Zakat al-Fitr, and Eid gifts across several regions. This assistance helped families break their fasts, nourish their children, and celebrate Eid despite the challenges surrounding them.



**18,968**  
people supported



**2,790**  
individuals supported  
through food parcels



**6,288**  
Eid gifts delivered



**528**  
food parcels distributed



**9,890**  
people supported  
through Zakat al-Fitr

# SENEGAL

This Ramadan, you supported **12,152** people.



Rising food prices and widespread poverty continue to affect families across Senegal, leaving many unable to afford nutritious meals during Ramadan.

Your charity provided food parcels, hot meals, and Zakat al-Fitr distributions across the country. This support helped families prepare suhoor and iftar with dignity, easing financial pressures and allowing them to take part in the blessings of Ramadan.



**12,152**  
people supported



**5,125**  
individuals supported  
through food parcels



**4,986**  
people supported  
through Zakat al-Fitr



**863**  
food parcels distributed



**2,041**  
hot meals provided

# YEMEN

This Ramadan, you supported **30,530** people.



Yemen remains one of the world's most severe humanitarian crises. Years of conflict and widespread displacement have left millions unable to secure food for their families, making Ramadan especially difficult for vulnerable households.

Your charity provided food parcels, hot meals, and Zakat al-Fitr across several

regions. This support helped families prepare meals, break their fasts, and observe the holy month with dignity despite ongoing hardship.

*“Since we were displaced here, we have not felt any comfort, nor have we had proper food, health, or water.”*

- Displaced father, Al-Murayki Camp, Yemen



**30,530**  
people supported



**11,872**  
individuals supported  
through food parcels



**7,074**  
people supported  
through Zakat al-Fitr



**2,905**  
food parcels distributed,  
supporting **11,872** individuals



**11,584**  
hot meals provided

# MOROCCO

This Ramadan, you supported **13,135** people.



Rising food prices have placed growing pressure on vulnerable families across Morocco, making it challenging for low-income households to meet their basic needs during Ramadan.

Your charity provided food parcels, hot meals, Zakat al-Fitr, and Eid gifts across several regions. Thanks to you, families were able to prepare meals, break their fasts with dignity, and share moments of joy during Eid.



**13,135**  
people supported



**3,731**  
individuals supported  
through food parcels



**4,854**  
people supported  
through Zakat al-Fitr



**788**  
food parcels distributed



**3,950**  
hot meals provided



**600**  
Eid gifts delivered

# MAURITANIA

This Ramadan, you supported **7,684** people.



In Mauritania, many families rely on unstable incomes and face ongoing food insecurity, making Ramadan especially difficult for vulnerable households. Widows, orphans, and low-income families often struggle to secure enough food for suhoor and iftar.

This Ramadan, your support provided food parcels, hot meals, and Zakat al-Fitr across several regions, helping families prepare nourishing meals and easing the pressure of rising living costs.



**7,684**  
people supported



**2,138**  
individuals supported  
through food parcels



**130**  
people supported  
through Zakat al-Fitr



**835**  
food parcels distributed



**5,416**  
hot meals provided

# SUDAN

This Ramadan, you supported **8,163** people.



Sudan is experiencing one of the fastest-growing humanitarian crises in the world, with displacement, rising food prices, and collapsed services leaving families unable to meet their basic needs.

Ramadan becomes especially challenging for households already living in crisis. Your charity provided food parcels and hot meals to families across affected regions. Families could break their fasts with dignity and offered much-needed relief during an extremely difficult time.



**8,163**  
people supported



**7,063**  
individuals supported  
through food parcels



**1,200**  
food parcels distributed



**1,100**  
hot meals provided

# NIGERIA

This Ramadan, you supported **3,903** people.



Millions of Nigerians continue to face poverty and food insecurity, leaving many families unable to afford basic staples during the holy month.

Your charity provided nutritious family food parcels to vulnerable households, helping them prepare suhoor and iftar with dignity. This support ensured families could nourish their children and observe the holy month with comfort and security.



**3,903**  
people supported



**570**  
food parcels distributed

# TÜRKİYE

This Ramadan, you supported **7,945** people.

## RAMADAN 2025 FOOD VOUCHERS FOR ORPHANS TÜRKİYE



Refugees, orphans, and displaced families in these regions continue to face immense hardship due to displacement, economic pressure, and loss of livelihoods. For many, Ramadan arrives with uncertainty about how they will secure their next meal.

Through your generosity, families received food parcels, hot meals, food vouchers, and Eid gifts, meeting urgent needs while restoring dignity, choice, and moments of joy during the holy month and Eid celebrations.



**7,945**  
people supported



**585**  
food parcels distributed



**1,305**  
hot meals provided



**125**  
food vouchers distributed



**500**  
Eid gifts delivered

# BANGLADESH

This Ramadan, you supported **1,128** people.



Rohingya refugee families in Cox's Bazar continue to live in extremely challenging conditions, with limited access to income, food, and basic services. During Ramadan, these hardships are felt even more deeply, as families struggle to secure sufficient meals to sustain them throughout the day.

Thanks to your generosity, essential food parcels were distributed to vulnerable refugee households, helping them prepare meals, break their fasts with dignity, and experience relief during the blessed month.

*"If we don't have money, we get food from them. If we get hurt, they provide first aid."*

- Rakib, Dhaka



**1,128**  
people supported



**200**  
food parcels distributed

# IRAQ

This Ramadan, you supported **5,568** people.



Years of conflict have left many families in Iraq struggling to regain stability. Orphans, widows, Syrian refugees, and low-income households continue to face rising living costs and daily hardship, making it difficult to secure even the essentials during Ramadan. Your charity helped families in Erbil and Dohuk to break their fasts with nutritious food parcels and hot meals.

You also shared joy with orphaned children by providing Eid gifts, ensuring they felt remembered and cared for during the blessed month.



**5,568**  
people supported



**1,204**  
individuals supported  
through food parcels



**2,352**  
people supported  
through Zakat al-Fitr



**195**  
food parcels distributed



**927**  
hot meals provided



**1,085**  
Eid gifts delivered

# MALI

This Ramadan, you supported **1,256** people.



Many communities in Mali continue to face food insecurity driven by poverty, displacement, and limited access to basic resources. Refugees, orphans, widows, and people living with disabilities are among those most affected, often struggling to meet their daily nutritional needs, especially during the holy month of Ramadan.

Through your generosity, vulnerable families received essential food parcels containing staple items, helping them prepare meals, break their fasts with dignity, and find relief during a challenging time.



**1,256**  
people supported



**100**  
food parcels distributed



**100**  
individuals supported  
through food parcels

# AFGHANISTAN

This Ramadan, you supported **735** people.



Ongoing economic hardship and instability continue to make daily life difficult for many families across the country. Low-income households and widows are among the most vulnerable, often struggling to secure enough food to sustain their families during the holy month of Ramadan.

Your generous support helped provide essential food parcels, enabling families to prepare nourishing meals, observe their fasts with dignity, and find comfort during a time of great need.



**735**  
people supported



**113**  
food parcels distributed

# TUNISIA

This Ramadan, you supported **2,660** people.



Many low-income families in Tunisia continue to struggle with rising living costs, making it difficult to prepare nutritious meals throughout Ramadan. For vulnerable households, staple foods have become increasingly unaffordable.

Your charity provided food parcels to families in need, helping them prepare suhoor and iftar with dignity. This support eased daily pressures and ensured vulnerable households could take part in the blessings of the holy month.



**2,660**  
people supported



**114**  
food parcels distributed

# UK

This Ramadan, your generosity supported **thousands** across the UK.



As the cost-of-living crisis continues to affect low-income families, people experiencing homelessness, refugees, and survivors of domestic violence, your support provided essential food, comfort, and community care.

With your help, **7,935 food items** and **3,024 soft drinks** were distributed to low-income households and homeless individuals. **220 Purple Parcels** reached survivors of domestic violence, refugees, and families in crisis, while **14 masjid clean-ups** across three UK cities brought together over **100 volunteers** to care for shared community spaces.

**Your compassion turned Ramadan giving into real, lasting impact.**



**7,935**  
food items delivered



**220**  
Purple Parcels for survivors,  
refugees & families



**3,024**  
soft drinks distributed



**14**  
masjid clean-ups



**100+**  
volunteers engaged



# EMERGENCY IFTAR DISTRIBUTION IN BEIT HANOUN DURING MASS DISPLACEMENT

On the 18th day of Ramadan, Beit Hanoun experienced a sudden and large-scale displacement of families following an escalation in local hostilities. Hundreds of households were forced to flee their homes with little notice, seeking refuge in overcrowded shelters, relatives' homes, or makeshift safe areas. Many arrived without access to food, cooking facilities, or basic supplies, significantly heightening their vulnerability during the holy month.

As families continued arriving throughout the day, conditions rapidly deteriorated.

- **Food insecurity intensified** as displaced families had no means to prepare meals for suhoor or iftar.
- **Shelter capacity was stretched**, increasing the risk of malnutrition among children, the elderly, and pregnant women.
- **Trauma and stress levels were high**, compounded by fasting during displacement.

Local community leaders urgently requested support to ensure families could observe Ramadan with dignity despite the crisis.

# HUMAN APPEAL'S RESPONSE

Understanding the immediate need, Human Appeal mobilised its emergency field teams in northern Gaza within hours. Despite restricted movement, logistical challenges, and the fluidity of the situation, the team activated its rapid-response food distribution mechanism.

## Key Actions:

- **Assessment:** Field volunteers conducted a rapid needs assessment across shelters to verify numbers and food requirements.
- **Meal Preparation:** Working with local kitchens, Human Appeal organised the preparation of hot, nutritious iftar meals tailored to cultural and dietary needs.
- **Distribution:** Thousands of meals, consisting of rice, protein, vegetables, dates, and water, were transported directly to displacement sites. Priority was given to families with young children, elderly individuals, and people with disabilities.





## IMPACT

On that same evening, displaced families in Beit Hanoun were able to break their fast with dignity and nourishment, despite the chaos of their displacement. The hot meals provided not only physical relief but also emotional comfort, restoring a sense of normalcy and community during one of the most sacred months of the year. Immediate hunger was alleviated for displaced families. Vulnerable groups received essential nutrition on a critical day of Ramadan. Local collaboration strengthened resilience within the community.

Human Appeal's swift intervention on the 18th of Ramadan demonstrated the organisation's ability to respond effectively under crisis conditions. By delivering hot iftar meals to displaced families in Beit Hanoun, the team helped preserve both dignity and well-being during a moment of severe hardship. This response highlights the vital importance of rapid humanitarian coordination, especially during Ramadan when communal support carries deep social and spiritual meaning.



**“I’m happy that I have this ration for Ramadan, which will last for at least 25 to 30 days.”**

## THE DIFFERENCE A FOOD PARCEL MAKES

Noor is a single mother living in Liaquatpur, Rahim Yar Khan, caring for her five children in a small mud house.

Unable to work due to a blood deficiency, she relies on her two older children, who work as dishwashers, to help support the family.

Ramadan was an especially difficult time. With no savings, Noor could only buy food day by day and often worried about how her family would manage suhoor and iftar. **“We didn’t have enough ration for Ramadan,”** she explained.

This Ramadan, Human Appeal provided Noor’s family with a nutritious food parcel to last the entire month, easing the constant

worry of hunger. **“I’m happy that I have this ration for Ramadan, which will last for at least 25 to 30 days,”** Noor said.

With food secured, Noor can now focus on caring for her children and observing Ramadan with peace of mind. **“We pray for those who have sent this help to us,”** she added with gratitude.

# THANK YOU

Alhamdulillah, through your generosity, Ramadan 2025 became a month of relief, dignity, and hope for families across the world. Together, we supported **1,766,223 people** with food parcels, hot meals, Zakat al-Fitr, Fidya, and Eid gifts — helping families to eat well, celebrate Eid, and fulfil their religious obligations.

From Gaza to Yemen, from Pakistan to Sudan, your charity reached families facing conflict, displacement, poverty, and hunger. Every parcel delivered, every hot meal served, and every child gifted on Eid was a moment of comfort, mercy, and reassurance.

**As Allah says in the Qur'an:**

***"Whoever saves a life, it is as if they have saved all of humanity."***

(Surah Al-Ma'idah 5:32)

May Allah reward you abundantly for every meal you provided, every heart you uplifted, and every smile you inspired.





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